



Peer **CARE** companion in **community**

Seeking volunteers

Do you have a lived experience of suicide and want to help others with a similar experience?

Peer CARE Companion in Community provides a 'golden thread' of trained and supported community members with lived experience of suicide to provide face to face peer support to others experiencing distress and impacted by suicide.

Roses in the Ocean are seeking volunteers to join the Peer CARE Companion in Community service.

We would love to hear from you.



Volunteers may provide face to face connection and 'light touch' support to people who are bereaved through suicide, caring for someone through a suicidal crisis, have experienced suicidal thoughts or survived a suicide attempt. The nature of your role may vary from having a cuppa with someone, or accompanying them to an appointment, cooking a meal, walking the dog, or just chatting via text, email or phone.



For more information about this volunteering role and to register your interest in becoming a volunteer please either:

Scan the QR code

or



Follow one of these links:



rosesintheocean.volaby.org/apply



bit.ly/3NNedQv

CARE is not just a word, it's how we connect.

Contact the Peer CARE Companion Coordinators

✉ volunteer@rosesintheocean.com.au

🌐 rosesintheocean.com.au



Roses in the Ocean
stemming the tide of suicide